

# 9<sup>th</sup> ASIA PACIFIC HOSPICE CONFERENCE 2011

*Palliative Care in Mainstream Medicine*

14 – 17 July 2011, Hotel Equatorial, Penang, MALAYSIA



## PRE-CONFERENCE: THURSDAY, 14 JULY 2011

*Workshop places are limited, and allocated on a first-come-first-served basis, upon receipt of payment. If the first choice of workshop is unavailable, an alternative will be allocated if indicated in the registration form.*

### 0900-1700 FULL DAY WORKSHOPS

#### W1. Art and Science of Palliative Nursing

**ROOM : ANGERIK / CEMPAKA**

##### Topics:

- Developing the Role of Palliative Nursing
- Emerging Models of Care
- Healing and Wholeness
- Resilience and Self-Care
- Clinical Practice Skills– Getting the Basics Right; Emergencies in Palliative Care
- Caring to the End: The Last Days

##### Faculty:

A/Prof Edward Poon (Singapore) – Workshop Lead  
Yvonne Bray (New Zealand)  
Jan Phillips (Australia)  
Sim Lai Keow (Singapore)  
Catherine Teo (Singapore)

#### W2. Pain & Symptom Management

**ROOM : MAWAR / MELATI**

##### Topics:

- “Difficult Pain”: Definitions and Approaches
- Breakthrough Pain
- Neuropathic Pain
- Interventional Procedures
- Dyspnoea
- Intestinal Obstruction
- Anorexia-Cachexia
- Delirium/Confusion

##### Faculty:

Dr Mary Cardosa (Malaysia) – Workshop Lead  
Dr Jan Maree Davis (Australia)  
Dr Sylvia McCarthy (Malaysia)  
Dr Natasha Michael (Australia)

### 1300-1700 HALF DAY WORKSHOPS

#### W1A. Ethical Decision-Making

**ROOM : SERINDIT**

A case-based interactive discussion workshop, facilitated by experienced clinicians, on negotiating ethical dilemmas faced when caring for patients at the end of life. Participants are welcome to bring their own cases.

##### Faculty:

Dr Ghauri Aggarwal (Australia) – Workshop Lead  
Dr Frank Brennan (Australia)  
Dr Noreen Chan (Singapore)  
A/Prof Malcolm Fisher (Australia)

#### W2A. Research Forum

**ROOM : TEKUKUR**

This workshop provides an opportunity for participants to discuss aspects of research. Using short presentations as well as group work, there will be an opportunity to interact with experienced researchers who will address a number of issues that have been encountered in the research process.

##### Faculty:

Prof Margaret O'Connor (Australia) – Workshop Lead  
Prof Merryn Gott (New Zealand)  
Prof Sheila Payne (UK)  
Dr David Brumley (Australia)

#### W3A. Learning to Teach Palliative Medicine

**ROOM : BAYAN I**

This workshop is aimed at educators in palliative medicine, on improving awareness and effectiveness in delivering teaching. Two short introductions will be given, addressing new teaching formats in the context of Palliative Care and addressing the latest medical issues. This will be followed by facilitated discussions on the relationship between bedside based research and teaching, as well as identification of and approach to addressing learning/teaching needs.

##### Faculty:

Dr Ednin Hamzah (Malaysia) – Workshop Lead  
Prof John Ellershaw (UK)  
Ms Ruthmarijke Smeding (UK)

### 1730-1900 Welcome reception

**GRAND BALLROOM I & II**

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## Conference Programme

### MAIN MEETING, DAY 1: FRIDAY, 15 JULY 2011

0800	<b>Registration</b>		<b>HOTEL LOBBY</b>
0900	<b>Opening Ceremony</b> - including APHN 10 <sup>th</sup> Anniversary Celebration		<b>GRAND BALLROOM I &amp; II</b>
0930	<b>Keynote Address: "From Pathways to Paradigms"</b> Speaker: Prof John Ellershaw	<b>CHAIR : MR RAJAGOPAL</b>	<b>GRAND BALLROOM I &amp; II</b>
1030	<b>TEA</b>		<b>FOYER OF GRAND BALLROOM</b>
1100	<b>Concurrent Symposium A1-A5</b>		
	<b>A1. Education &amp; Training (1)</b> <ul style="list-style-type: none"><li>Undergraduate Medical Education in Palliative Care (Satoru Tsuneto)</li><li>Nursing Education: Do We Supervise or Suffocate? (Edward Poon)</li><li>Teaching the Teachers (Ruthmarijke Smeding)</li></ul>	<b>CHAIR : EDNIN HAMZAH</b>	<b>GRAND BALLROOM I &amp; II</b>
	<b>A2. WPCA Seminar Series</b> <ul style="list-style-type: none"><li>Strategic Planning for National Palliative Care Associations: Lessons from Regions of the World (Elizabeth Gwyther, Anil Paleri, Margaret O'Connor)</li></ul>	<b>CHAIR : MARGARET O'CONNOR</b>	<b>GRAND BALLROOM III</b>
	<b>A3. Grief &amp; Bereavement Workshop</b> <ul style="list-style-type: none"><li>"Mourning, Grieving, Healing, Hope" (Liese Groot-Alberts &amp; Sue Marsden)</li></ul>	<b>CHAIR : JAN PHILLIPS</b>	<b>ROOM : ANGGERIK / CEMPAKA / MAWAR</b>
	<b>A4. Proffered Papers</b> <ul style="list-style-type: none"><li>The Impact and Stress about End-of-Life Care for Respiratory Therapists (Ying-Wei Wang et al)</li><li>End-of-Life Wishes of Cancer Patients: Results of Study from a Private Hospital in Kathmandu, Nepal (Bijesh Raj Ghimire et al)</li><li>Finding Positive Meanings in Illness: the Experience of Patients with Advanced Cancer and the Family Caregivers (Geok Ling Lee et al)</li><li>Refractory Suffering: the Impact of Team Dynamics on the Interdisciplinary Palliative Care Team (Kate Swetenham et al)</li><li>The Importance of Group Work in End of Life Care (Jenny Downes et al)</li></ul>	<b>CHAIR : CHAN KOK EWE</b>	<b>ROOM : SERINDIT</b>
	<b>A5. Proffered Papers</b> <ul style="list-style-type: none"><li>10 Years of Palliative Care in Mongolia (Odontuya Davasuren)</li><li>Evolution of Cancer Care and Palliative Care in Japan: Shifting from the Stage of Disease to the Intensity of Suffering (Yasuo Shima et al)</li><li>Introduction of the Concept of Advance Directives to Palliative Cancer Patient in Hong Kong: an Evaluation on Patient's Feedback (Chan Chun Hung et al)</li><li>Palliative Care: Improving Care at the Coalface (Claudia Giugni)</li><li>Decent Care Values. To What Extent Do Patients' Experiences Reflect Decent Care? (Sylvia McCarthy et al)</li></ul>	<b>CHAIR : ODETTE SPRUYT</b>	<b>ROOM : TEKUKUR</b>
1230	<b>LUNCH</b>		<b>MATAHARI BALLROOM</b>
1400	<b>Concurrent Symposium B1-B5</b>		
	<b>B1. Education &amp; Training (2)</b> <ul style="list-style-type: none"><li>Interprofessional Education: the Hospis Malaysia Foundation Course (Sylvia McCarthy)</li><li>APHN Diploma in Palliative Care (Rosalie Shaw)</li><li>Evaluating Outcomes (Ruthmarijke Smeding)</li></ul>	<b>CHAIR : SATORU TSUNETO</b>	<b>GRAND BALLROOM I &amp; II</b>
	<b>B2. WPCA Seminar Series</b> <ul style="list-style-type: none"><li>Fundraising for National Palliative Care Organisations (David Prail, Kim Green, Joan Marston, Faith Mwangi-Powell)</li></ul>	<b>CHAIR : DAVID PRAILL</b>	<b>GRAND BALLROOM III</b>
	<b>B3. Palliative Care in Special Populations</b> <ul style="list-style-type: none"><li>The Needs of Children (Kuan Geok Lan)</li><li>Palliative Care for Older People (Merryn Gott)</li><li>Developing Palliative Care in the Pacific Islands (Sue Marsden)</li></ul>	<b>CHAIR : SUE MARSDEN</b>	<b>ROOM : ANGGERIK / CEMPAKA / MAWAR</b>

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## B4. Proffered Papers

**CHAIR : YING-WEI WANG**

**ROOM: SERINDIT**

- The Lived Experience of Older Chinese Singaporean with Life Threatening Illness (Poon Wing Hong Edward et al)
- Issues of 'Hidden Death' in Residential Aged Care (Margaret O'Connor et al)
- Palliative Care for Adolescents and Young Adults with Cancer: Living and Dying Well (Kate Thompson et al)
- Expectations and Barriers in the Interface of Ambulance Services and Palliative Care (Margaret O'Connor et al)

## B5. Proffered Papers

**CHAIR : TEMSAK PHUNGRASSAMI**

**ROOM : TEKUKUR**

- Information Overload in Palliative Care (Edite Tang et al)
- Building Capacity to Provide Palliative Care for People with Dementia: a Practical Application of E-Learning (Melanie Shanahan et al)
- Fungating Wounds – Capturing the Essence in Photographic Stories (Judy Stone)
- End of Life Care Project at the Lyell McEwin Hospital (Christine Drummond et al)

1530 **TEA**

**FOYER OF GRAND BALLROOM**

1600 **Plenary 1: "Doing Good, Better"**

**CHAIRS : EDNIN HAMZAH / ROSALIE SHAW**

**ROOM : GRAND BALLROOM I & II**

Speaker 1: Stephen R. Connor/Title: Quality and Standards in Palliative Care

Speaker 2: Faith Mwangi-Powell/Title: Moving Hearts and Changing Minds

1730 **End of Day 1**

## DAY 2: SATURDAY, 16 JULY 2011

0830 **Registration**

**HOTEL LOBBY**

0900 **Plenary 2: "Managing Transitions"**

**CHAIRS : NOREEN CHAN / MARY CARDOSA**

**GRAND BALLROOM I&II**

Speaker 1: Prof Merryn Gott/Title: The Interface between Chronic Disease & Palliative Care

Speaker 2: Prof Malcolm Fisher/Title: Palliative Care in the Intensive Care Unit

1030 **TEA**

**FOYER OF GRAND BALLROOM**

1100 **Concurrent Symposium C1-C5**

### C1. Withdrawing/Withholding Life Support

**CHAIR : MARY CARDOSA**

**GRAND BALLROOM I & II**

- Futility – When is Enough, Enough? (Noreen Chan)
- Communication in the ICU (Malcolm Fisher)

### C2. WPCA Seminar Series

**CHAIR : STEPHEN CONNOR**

**GRAND BALLROOM III**

- Approaching Policy Makers: Advocacy Workshop (Sharon Baxter, Claire Morris, Kim Green, Stephen Connor)

### C3. Hope & Meaning

**CHAIR : NATASHA MICHAEL**

**ROOM : ANGGERIK / CEMPAKA / MAWAR**

- Responding to "Why Me?" (Liese Groot-Alberts)
- What does it mean to "Be There" for Our Patients? (Jan Phillips)

### C4. Proffered Papers

**CHAIR : ANNIE KWOK**

**ROOM : SERINDIT**

- Evaluation of End-of-Life Nursing Education Consortium-Geriatric Train-the-Trainer Program in Korea (So-Hi Kwon et al)
- Project Implementation Review – Program in Palliative Care Education and Practice (Wei Der Day)
- Evaluation of a Bereavement Training Programme (Elizabeth Xiang Yun Yeo et al)
- Applying Team-Based Learning to the Teaching of Palliative Medicine to Medical Students - an Explorative Study (Jyh-Gang Hsieh et al)

### C5. Proffered Papers

**CHAIR : DAVID BRUMLEY**

**ROOM : TEKUKUR**

- Filial Piety on Family Surrogate DNR Decision among Taiwanese (Hui-Wen Chang et al)
- Predictors of Health Status among Family Care-Givers with Hospice Patients (Bok Yae Chung)
- Compassion Fatigue and "Omoiyari": Japanese Cultural Implications (Kaori Shimoinaba et al)
- Exploring the Suitability of Art Therapy as a Communication Tool in Children with Cancer Aged between 5 to 12 Years (Lee Peng Yap)

1230 **LUNCH**

**MATAHARI BALLROOM**

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## 1400 Concurrent Symposium D1-D3

### D1. Evolving Roles in Palliative Nursing (1)

CHAIR : YVONNE BRAY

GRAND BALLROOM I & II

- Overview (Margaret O'Connor)
- Nurse as Researcher (Sheila Payne)
- Nurse as Master Clinician (Catherine Teo)

### D2. Non-Cancer Palliative Care

CHAIR : RICHARD LIM

GRAND BALLROOM III

- Renal Palliative Care (Annie Kwok)
- Advanced COPD (Wu Huei Yaw)
- Issues to Overcome in Addressing Palliative Care in the HIV/AIDS Community (Christopher Lee)

### D3. Ethics and Law

CHAIR : NOREEN CHAN

ROOM : ANGGERIK / CEMPAKA / MAWAR

- Whose Rights? Who is Right? (Ghauri Aggarwal)
- Does the Law Promote Caring? (Norchaya Talib)
- Autonomy in Context (Frank Brennan)

1530 TEA

FOYER OF GRAND BALLROOM

1600 Plenary 3: "Invisible Wounds"

CHAIRS : CYNTHIA GOH / MARGARET O'CONNOR

GRAND BALLROOM I & II

- Speaker 1: Datin Paduka Marina Mahathir/Title: A Voice for the Voiceless

1730 Speaker 2: Dr Harmala Gupta/Title: Hinohara Lecture "Not Just Surviving but Thriving: the CanSupport Journey"

1900 Banquet

MATAHARI BALLROOM

## DAY 3: SUNDAY, 17 JULY 2011

0830 Registration

HOTEL LOBBY

0900 Plenary 4: "Pain and Symptom Management

CHAIRS : T. DEVARAJ / GHAURI AGGARWAL

GRAND BALLROOM I & II

Speaker 1: Dr Mary Cardosa / Title: Rational Use of Opioids in Pain Management

Speaker 2: Prof MR Rajagopal / Title: Tools of the Trade: Essential Medicines in Palliative Care

1030 TEA

FOYER OF GRAND BALLROOM

1100 Concurrent Symposium E1-E4

### E1. Evolving Roles in Palliative Nursing (2)

CHAIR : EDWARD POON

GRAND BALLROOM I & II

- Nurse as Educator (Yvonne Bray)
- Nurse as Leader (Edward Poon)
- Keeping it All in Balance (Jan Phillips)

### E2. Challenges in Clinical Practice

CHAIR : ROSALIE SHAW

GRAND BALLROOM III

- Skills at the Bedside: From Consultation to Communication (Natasha Michael)
- Diagnosing Dying (John Ellershaw)
- Palliative Care in the Community: The Interface between Medicine & Culture (Ednin Hamzah)

### E3. IT in Palliative Care

CHAIR : NOREEN CHAN

ROOM : ANGGERIK / CEMPAKA / MAWAR

- Using IT to Enhance Learning: The Taiwan Experience (Ying-Wei Wang)
- Web-Based Learning (Elizabeth Gwyther)
- Social Media in Palliative Care (Noreen Chan)

### E4. Partnerships to Enhance Care

CHAIR : OO KHAIK CHEANG

ROOM : MELATI / RAYA

- Working with Government Agencies (Richard Lim)
- Working with Volunteers (Ranjit M Oommen)
- Cross-Country Collaboration: The APLI Experience (Odette Spruyt)

1230 LUNCH

MATAHARI BALLROOM

1400 Plenary 5: "Narratives in Palliative Care"

CHAIRS : TETSUO KASHIWAGI / RANJIT OOMMEN

GRAND BALLROOM I & II

Speaker 1: A/Prof Cynthia Goh/Title: The Story of APHN

Speaker 2: Dr Rosalie Shaw /Title: Healing through Story

1530 End of Day 3 - CLOSING

\* Programme as at 30 June 2011. Please check the website for updates.